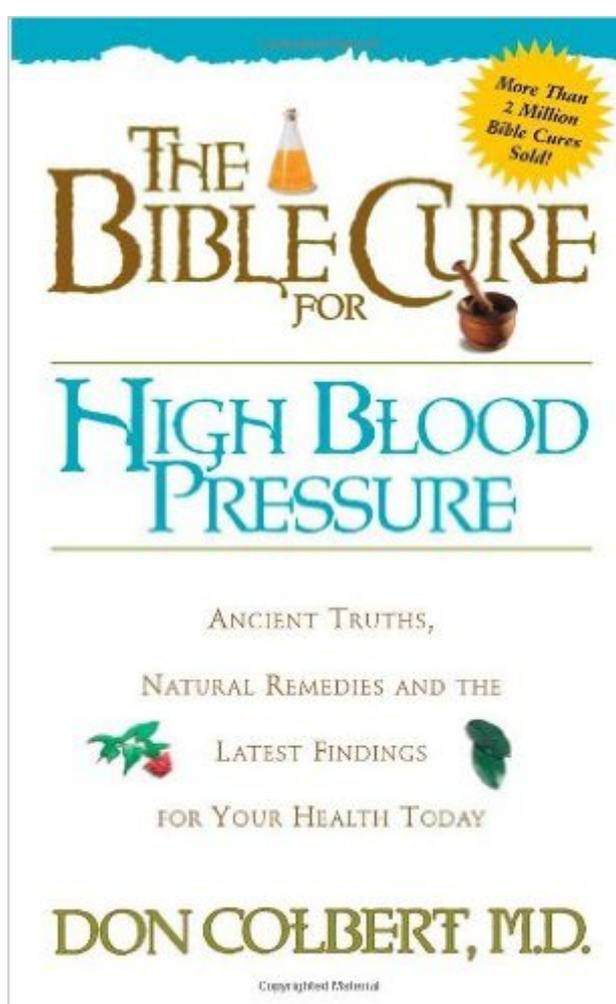


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# The Bible Cure For High Blood Pressure: Ancient Truths, Natural Remedies And The Latest Findings For Your Health Today (New Bible Cure (Siloam))



## Synopsis

You can lower your blood pressure and feel better-naturally! How hard is your heart working? In this concise, easy-to-read booklet you'll discover a wealth of information to help you reduce and prevent high blood pressure. Learn biblical secrets on health and the latest medical research on how to bring your blood pressure under control and maintain it within healthy guidelines. Discover breakthroughs that your doctor may never have shared with you! The difference between good and bad stress Important foods that naturally lower your high blood pressure Essential vitamins and minerals needed to keep your blood pressure within healthy limits Steps that may save your life and prevent strokes, heart attacks and even cancer You want to be healthy. God wants you to be healthy. Now at last, here's a source of information that will help you become healthier-body, mind and spirit.

## Book Information

Series: New Bible Cure (Siloam)

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (29 customer reviews)

Best Sellers Rank: #742,176 in Books (See Top 100 in Books) #53 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > High Blood Pressure](#) #414 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Heart Disease](#) #1279 in [Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies](#)

## Customer Reviews

I know...I did it. I had high BP and was on 20mg of enalapril twice a day. I drive a truck all over the country and must keep my BP at 140/90 to keep my job. I read the book and followed what the good Doc said to do and my BP is 119/78 as of 10/06/08 only 24 days after I got the book. By the way...I don't take BP pills anymore. Thanks Dr. Colbert...I LOVE YOU!!! You definately gave my job security. I look forward to impressing the D.O.T. Doc's with controlled BP without the pills hahahaha I love it!!!

This book helped me to understand the seriousness of high blood pressure. It also provided helpful supplements and vitamins to aid in the fight against high blood pressure. It was short and to the point and a handy little book you can keep with you to refer back to.

This is a wonderful little book, if you suffer from high bp, the information in this gem, will give you valuable insights into foods, and vitamins, that will help to lower your bp, plus godly principles, that will encourage you to stick to these guidelines, Dr. Colbert's straight forward approach, will inspire you. God wants us to live in divine health, this book and others by Dr. Colbert will put you on the right track.

Although the Body Mass Index is helpful, some of the biblical quotes seem a bit of a stretch, and some just don't seem connected to the particular subject. Recommendations for diet and exercise is not new, and the biblical quotes are liberally sprinkled throughout the book for no apparent reason. Never did find definitive scripture references pertaining to High Blood Pressure.

This book is simple and easy to understand. Information on the curing of high blood pressure is well explained and affordable. The spiritual aspect concerning the prevention of high blood pressure is extremely insightful.

This Bible cure booklet was extremely informative and helpful. This Dr. Colbert sure is knowledgeable and understands that as human beings we are completely dependent on a Sovereign Deity through Jesus Christ.

This is an interesting book. Not overly religious, has some excellent helps with supplements to take to help with the circulatory system. It was written in the early 90's and there is newer data, but this is a good beginning point. Written by a Christian MD.

This resource is a great reference for those seeking an alternative to standard pharmaceuticals. It will require faith and discipline to adjust to the practices presented. With God all things are possible.

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